Sleepout 2024 Thank you all for your support

181 people joined us and we raised over £44,500



Furniture Enterprise

Volunteer hours were in excess of **12,000 across the year**

Our van drivers drove over 30,000 miles across Staffordshire and Derbyshire in our three vehicles, delivering and collecting furniture and household effects

Our shops are open 6 days a week Monday to Saturday, from 8.30am to 4pm



YMCA Burton upon Trent & District

Northside House | Northside Business Park Hawkins Lane | Burton on Trent | DE14 1DB

01283 538802 office@burtonymca.org www.burtonymca.org





@ymca_burton WCA Burton YMCA

Charity Number: 1077798

Company Registration number: 3646202

Annual Report

To view our full Annual Report Scan the QR Code below:





YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where people can truly belong, contribute and thrive.



Mediation

In 2024 we had
46 referrals
for mediation

Peter conducted
515 contact
hours with families



Counselling

We dedicated **578 hours to counselling in 2024** and this service is provided free of charge to all our clients

In 2024, the team achieved the following outcomes through counselling:

46 service users have accessed the counselling service

100% of service users have reported improved self-esteem, confidence or wellbeing

100% of service users have reported an improved ability to cope

100% of service users reported a reduction in harmful behaviours

100% of service users have reported a reduction in mental health

Foodbank

In 2024 we helped a total of **4,700 people,** 1,018 of whom were aged under 18

We issued **3,075 emergency** food parcels

As each parcel contains enough food for 1-3 people for 3 days, this is **approximately 18,450 meals** supplied to individuals and families

Foodbank available **7 days a week - 9am – 7pm**



Outreach Navigator

19 rough sleepers
were found over the last 12 months

16 of those used our services and were offered accommodation

Supported Housing

During 2024 we offered 89 individuals aged 18 to 64 years, a safe place to call home

